

Bonhomme, Penny

From: Caye Helsley [caye@helsley.com]
Sent: Tuesday, March 06, 2012 9:50 PM
To: PHC Testimony
Subject: State Lyme Hearing HB 5335

STATE LYME HEARING 3/7/12

TO: STATE OF CT PUBLIC HEALTH COMMITTEE

My name is Caye Helsley. I hold a Masters in Public Health and I have spent over 20 years designing targeted health education services for 2 large employers here in Hartford. One program was a Lyme education program in response to the explosion of Lyme related medical claims that we were documenting.

However, none of my professional experience could help me when I developed a fever and neck pain that lasted for several months. My Negative Western Blot blood test was "conclusive with no need to come back" said to the doc. Stating to my doctor that my home is surrounded by a 5 acre nature preserve was not enough information, combined with my symptoms, to warrant antibiotics.

So instead, tremors, fever & pain pummeled my body for months as I went from specialist to specialist and the bacteria disseminated into my joints and organs. I now have permanent joint, heart and thyroid damage due primarily to the fact that 7 doctors trusted that negative reading. I finally found a doctor who used a lab outside of CT- specializing in Lyme- where I received a positive result and began lifesaving treatment to minimize my heart damage.

In my opinion, the state is contributing to an already dangerous situation by NOT having a state task force in the face of a *known* epidemic. Lyme is dangerous and poses an eminent threat to the residents of CT. I used to think Lyme was like strep, make people aware, treat it and move on. Now, I know it is more like MRSA & Staph...that require a lifetime of antibiotics if you are unlucky and become infected during a hospital surgery. Similarly, Lyme is termed a "stealth pathogen" because of the way it can evade testing, hides and can withstand antibiotics. This is NOT out of a Michael Crichton novel or Steven Spielberg movie and you only need to go to a soccer game or picnic to begin the nightmare!

As a health educator I must ask.....**WHY** don't we have PSA's with up to date Lyme information like Cape Cod & Rhode Island? **WHY** don't we have a statewide plan for a threat that began right here 30 years ago? **WHY** don't we have state efforts that match the level of the threat! **WHAT** is going on at the state level that has left us all so vulnerable here in CT without any regard for education or hopes of slowing down the approaching Lyme Tsunami.

In Summary, CT Lyme Patients are faced with an unreliable Western Blot, no coordinated education despite living at "ground zero" for Lyme, & professionals afraid to hand out antibiotics. Instead, let us work together, develop state warnings, raise awareness to match the threat, and improve early detection by both the public and physicians!

A NOTE ABOUT A TASK FORCE: An "honest and effective" task force needs a variety of people, veterinarian, infectious specialist, universities and lay people to be just and inclusive. Variety ensures all view points are heard, not just those supported by one group such as IDSA. Then residents will know that the state is serious about helping residents and putting a statewide plan in place. A task force could also help to digest reports such as the 500 page document that Dr Carter references as having previously identified gaps in Lyme testing.

Please considering reading the distributed reports produced by the Virginia Lyme Task Force to pave the way for a coordinated effort to address Lyme Prevention, Problems with diagnosis & treatment, and Public & Medical education.

Please find a way to better protect the residents of Connecticut.

Respectfully submitted,
Caye Helsley
MPH, Mom & Lyme Survivor
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3/7/2012

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3/7/2012

Waking Up the Nation,
One Reader at a Time...

PUBLIC HEALTH ALERT

The Virginia Governor's Task Force on Lyme Disease Final Report Adopted Unanimously



*Michael Farris, Chairman of
Governors Task Force*

Introduction

In response to reports of the growing number of cases of Lyme disease and other tick-borne illnesses and out of a sense of concern for the significant number of Virginians infected with these diseases, Governor Bob McDonnell and Secretary William Hazel convened this task force to study and make recommendations in the following areas:

- ❖ Diagnosis
- ❖ Treatment
- ❖ Prevention
- ❖ Impact on Children
- ❖ Public Education

The Governor and the Secretary appointed the following persons to serve on

the Virginia Task Force on Lyme Disease:

Michael Farris, Chairman, The Governor's Task Force on Lyme Disease; Chancellor, Patrick Henry College
Heather Applegate, Ph.D., child psychologist. Supervisor, Diagnostic and Prevention Services, Loudoun County Public Schools and private clinician

Dianne L. Reynolds-Cane, MD, Director, Virginia Department of Health Professions

Douglas W. Domenech, Secretary of Natural Resources, Commonwealth of Virginia

Bob Duncan, Executive Director, Virginia Department of Game and Inland Fisheries, Commonwealth of Virginia

Keri Hall, MD, MS, State Epidemiologist, Virginia Department of Health

William A. Hazel, Jr., MD, Secretary of Health and Human Resources, Commonwealth of Virginia

Kathy Meyer, co-organizer of Parents of Children with Lyme Support Network, Northern Virginia

Samuel Shor, MD, FACP, Associate Clinical Professor George Washington University Health Care Sciences and private practice, Internal Medicine, Reston, VA
Monte Skall, Executive

Director, National Capital Lyme and Tick-Borne Disease Association, Mclean, VA
Lisa Strucko, Pharm.D. Clinical Pharmacist, Leesburg Pharmacy, Leesburg, VA
Rand Wachsstock, DVM, veterinarian, Springfield, VA and former instructor in biochemistry at Yale University.

The Task Force held eight separate hearings with two distinct hearing categories. There were five separate hearings devoted to citizens of Virginia who had been impacted by Lyme and other tick-borne illnesses. These hearings were held in:

- ❖ Virginia Beach
- ❖ Richmond
- ❖ Roanoke
- ❖ Springfield
- ❖ Harrisonburg

Over 100 citizens testified at these hearings. We were profoundly impacted by this testimony and thank the citizens for their sacrificial efforts to testify.

A second set of hearings were held devoted to particular topics. At these topical hearings, the bulk of the testimony was from subject matter experts, supplemented by testimonies from citizens that had been asked to focus on

the particular issue at hand. The following expert witnesses appeared before our Task Force in these hearings:

Diagnosis & Treatment

Marty Schriefer, MD, Chief of Diagnostic and Reference Laboratory, Centers for Disease Control and Prevention

Daniel Cameron, MD, Past President of International Lyme and Associated Diseases Society, epidemiologist and private practice, Internal Medicine, Mt. Kisco, NY.

Elizabeth L. Maloney, MD, Lyme disease educator and Family Practice physician, Wyoming, MN

Paul G. Auwaerter, MD, representative, Infectious Diseases Society of America Prevention

Charles S. Apperson, Ph.D., Dept. of Entomology, North Carolina State University
Kerry Clark, MPH, Ph.D.

Associate Professor, Epidemiology & Environmental Health, Department of Public Health, University of North Florida
David N. Gaines, Ph.D., Public Health Entomologist, VA Department of Health, Office of Epidemiology

J. Mathews (Mat) Pound, Ph.D., Research Entomologist,

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USDA-ARS Knippling-Bushland
U.S. Livestock Insects Research
Service.

Nelson Lafon, Deer Project
Leader, VA Department of
Game and Inland Fisheries
Impact on Children

Leo J. Shea III, Ph.D., neu-
ropsychologist,
Neuropsychological Evaluation
& Treatment Services, P.C.,
New York, NY

Carolyn Walsh, MD, private
practice, Internal Medicine,
Lansdowne, VA

Daniel E. Keim, MD, private
practice, Pediatric Infectious
Disease, Fairfax and Leesburg,
VA

Jennifer Jones, RN, BSN,
NCSN, School Nurse, Trinity
Christian School, Fairfax, VA
Public Education

Jorge Arias, Ph.D., entomolo-
gist and Supervisor, Disease
Carrying Insects Program,
Fairfax County Department of
Health, Fairfax, VA

Robert Bransfield, MD,
President, International Lyme
and Associated Diseases
Society, Associate Director of
Psychiatry and Chairman of
Psychiatric Quality Assurance,
Riverview Medical Center, and
private practice, Psychiatry,
Red Bank, NJ

Graham Hickling, Ph.D.,
Research Associate Professor,
University of Tennessee,
Director of UT Center for
Wildlife Health, Knoxville, TN

Wayne Hynes, Ph.D.,
Professor and Chair of the
Department of Biological
Sciences at Old Dominion
University, Norfolk, VA

Holly Gaff, Ph.D., Assistant
Professor in the Department
of Biological Sciences at Old
Dominion University, affiliated
with the Virginia Modeling,
Analysis and Simulation
Center, Norfolk, VA.

Peter F. Demitry, MD, MPH,
former Assistant Surgeon

General, United States Air
Force, and current President,
4-D Enterprises, Haymarket,
VA

The Task Force made
every effort to seek a bal-
anced approach in each of the
topical areas where there are
recognized divergent views. In
general, we were able to find
willing witnesses representing
a variety of viewpoints on
such issues.

We received substan-
tial support from the Virginia
Department of Health,
Secretary Hazel and the Office
of the Secretary of Health and
Human Resources for which
we offer our deep thanks.

We also received the
generous cooperation of a
number of public and private
organizations, which allowed
us to hold our hearings with-
out cost. We thank the fol-
lowing organizations for this
valuable contribution:

Patrick Henry College Regent
University James Madison

University Roanoke Public
Schools (Stonewall Jackson
Middle School)

Immanuel Bible Church

Fairfax County Board of
Supervisors

Loudoun County Board of
Supervisors

Virginia Department of Health
Professions

We begin our find-
ings with some general obser-
vations that should be consid-
ered by all to be non-contro-
versial in character:

General Observations

v Lyme Disease and other tick-

borne related illnesses are
affecting significant and grow-
ing numbers of Virginians

v These diseases are present
in every region of Virginia
v Virginia is in a particularly
vulnerable geographical loca-
tion, being at the crossroads
of the frontline of expansion
of Lyme disease carrying ticks
from the North and other tick
populations that have entered
Virginia from the South, the
public health risks of which
are uncertain. These diseases
can have significant, life-alter-
ing impact on patients, espe-
cially when the diagnosis is
not made shortly after the
patient is infected.

v Lyme disease is caused by a
spirochete bacterium in the
same family as syphilis. It can
invade multiple organ systems
and has a variable multi-stage
progression with a tremen-
dous range of symptoms. It is
thought that humans develop
no long-term immunity and
there is no available vaccine.
v There is much that remains
to be understood about Lyme
and related diseases in every
relevant sector including diag-
nosis, treatment, and preven-
tion.

v There is an acute need for
greater research in all relevant
spheres.

v Medical personnel need
accurate, fact-based informa-
tion about prevalence, diagno-
sis, treatment, and prevention
of tick-borne diseases. It is
critical to raise awareness in
the medical community about
Lyme and other tick-borne dis-
eases.

v The mandatory reporting of
Lyme disease to the Virginia
Department of Health (VDH)
can be overlooked or forgot-
ten by some medical
providers, leading to an
undercount of the number of
patients affected.

v The CDC case definition for
Lyme disease is for epidemio-
logical purposes only and is
not now and never has been
the singular valid basis for a
diagnosis of Lyme disease.
v Public awareness concerning
the prevalence, symptoms and
prevention of Lyme disease
needs significant expansion.
v Significant improvements
that can help to prevent Lyme
disease are possible. This will
require a concerted, multifac-
eted effort requiring the coop-
eration and action of every
sector of Virginia-governmen-
tal, private, business, commu-
nity, family, and individual.

General Recommendation:

The task force should
recommend that VDH receive
funding to enhance its tick-
borne diseases program. Key
elements of an effective pro-
gram include the following:

(i) human disease surveillance

(ii) tick surveillance and test-
ing

(iii) general public and health-
care provider outreach and
education regarding the
prevalence and prevention of
Lyme disease.

Any reference to edu-
cation in these recommenda-
tions should emphasize the
need to provide an open and
balanced review of the full
body of literature.

Rationale:

Lyme disease is a sig-
nificant health issue in
Virginia, and VDH has been
working to track and prevent
spread of this infection over
the last decade. As Lyme dis-
ease has become increasingly
problematic in Virginia during
the last five years, surveillance

and prevention activities have become increasingly labor and resource intensive. A strategic public health investment is necessary to enhance VDH's ability to prevent and control the spread of tick-borne diseases.

Specific Findings and Recommendations

In addition to these general observations, we make the following specific findings and recommendations based on the testimony that we received from our hearings:

Diagnosis

1. As acknowledged by the CDC, Lyme disease and many related tick-borne illnesses cannot be adequately diagnosed by serology alone in many cases.
2. There is no serological test that can "rule out" Lyme disease.
3. Clinical diagnosis that may be supported by serology remains the proper method for the diagnosis of Lyme and related illnesses.
4. Clinical diagnosis is not limited to the observation of an EM rash. A significant proportion of patients with Lyme disease may never develop or observe such a rash. Moreover, the EM rash can manifest in non-traditional patterns. The medical community needs a more comprehensive set of visual illustrations so that non-traditional patterns may be properly recognized.
5. Many lay witnesses testified that members of Virginia's

medical community inaccurately believed that serology alone can "rule out" Lyme disease.

6. According to lay testimony, there are some members of the Virginia medical community who have refused to consider a diagnosis of Lyme and related illnesses on the ground that "we do not have Lyme in Virginia" or in this "part of Virginia." Lyme disease is present in all parts of Virginia, endemic in most parts of the state, and emerging throughout the Commonwealth.

7. The testimony that came before the Task Force relayed the highly questionable nature of the ELISA test for early localized disease. We encourage the use of clinical judgment at all stages due to the significant limitations of current serology.

8. We recommend that the VDH reporting form include the disclaimer "The CDC case definition is designed for surveillance purposes only. Clinical judgment should be exercised in assessing patients for Lyme disease as meeting the surveillance case definition is not required for the diagnosis of Lyme disease."

9. Since ticks often carry multiple pathogens and we received testimony that many Virginians have multiple tick-borne illnesses that may require comprehensive analysis and treatment, the medical community should be educated on the presence of co-infections.

10. Great caution should be taken whenever a blacklegged tick is attached and especially if it is engorged. Patient

reports about the length of time of attachment can be unreliable as some patients may not have observed the exact moment of attachment. Medical providers should be at their liberty to treat Lyme disease prophylactically in such cases because of the high risk of disease. (Note that single-dose prophylaxis may lower the sensitivity of subsequent serology, as stated by the CDC.) Moreover, it is clear that early treatment is very important to prevent many serious complications of Lyme disease.

11. The Task Force encourages increased financial support for Internal Review Board-approved, peer-reviewed clinical studies associated with Lyme disease diagnosis and treatment. The Task Force encourages financial support for Virginia's college and university researchers who undertake research on Lyme or tick-borne disease. This should include all scientific realms. We commend Old Dominion University for undertaking vital research in the Tidewater region. (Rationale: Additional research that investigates the validity and reliability of diagnostic and preventative tools and provides guidance for appropriate treatment will support quality of care and patient outcomes.)

12. The Task Force encourages institutions offering graduate-level medical degrees to offer comprehensive instruction about Lyme and other tick-borne diseases. Due to the rapidly evolving nature of the scientific research and literature on tick-borne disease, medical educators should use due diligence to teach comprehensive and up-to-date information in all aspects of

tick-borne disease. (Rationale: Student clinicians (medical, nurse practitioner and physician's assistant students) are the clinicians of the future and should be aware of Lyme and other tick-borne diseases as medical conditions in Virginia.)

13. VDH should continue to provide information to clinicians practicing in the Commonwealth concerning the epidemiology of Lyme disease in Virginia, a physician's responsibility to report Lyme disease, the information VDH requires to classify a case, the purpose of the surveillance case definition, Lyme disease prevention measures and tick identification. VDH should also continue to provide information to clinicians practicing in the Commonwealth about other tick-borne diseases in Virginia. (Rationale: This recommendation articulates VDH's current practice and speaks to its commitment to continue these informational efforts in regard to tick-borne disease, with a particular focus on Lyme disease as it is the most commonly reported tick-borne disease and is present in all parts of Virginia, endemic in most parts of the state and emerging throughout the Commonwealth.)

VDH should emphasize that due to the rapidly evolving nature of the scientific research and literature on Lyme and tick-borne disease, medical professionals should use due diligence to stay abreast of information in all aspects of tick-borne disease to educate their ability to clinically assess patients.

Treatment

1. There is no serological test that can tell a medical provider when a patient has been cured of Lyme disease.

2. A typical criterion that a patient is well is when the symptoms have resolved and the patient feels better.

3. There is no scientific basis for concluding that 30 days or less of antibiotics is sufficient treatment for every case of Lyme disease.

4. We received substantial testimony from lay witnesses that they had been successfully treated with long-term antibiotics.

5. Expert testimony regarding effectiveness of long-term antibiotics conflicted. We encourage additional studies to evaluate the effectiveness of long-term antibiotics as treatment for Lyme disease.

6. The Department of Health Professions should inform its licensees that the department does not target clinicians for disciplinary action by virtue of their antibiotic choice of management of Lyme disease.

7. Lay witnesses expressed displeasure with the propensity of the medical community to treat persons who were ultimately diagnosed as late stage Lyme disease as needing psychological evaluation or treatment. Lay witnesses testified this was often done in a demeaning fashion and appeared as an excuse for the medical community's failure to adequately understand the problem of Lyme disease.

8. Lay witnesses stated that long term treatment of Lyme disease is often not covered by their insurance carriers and that they can spend thousands of dollars per month for their treatment plan. The

extent to which this is occurring is unknown to the Task Force and the Task Force recommends that this issue be evaluated by the Bureau of Insurance.

Public Education and Prevention

1. It is a public health goal of a high magnitude to ensure that the general public and medical community become fully aware of the risk of exposure to Lyme and related illnesses and the severe medical consequences that can arise when this disease is not promptly diagnosed and treated. Developing an appropriate sense of public urgency is the greatest single need in the efforts to prevent and treat Lyme disease. The Governor and VDH should expand their current programs of public education to place significant and regular emphasis on Lyme disease so that the public under

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standing is proportional to the serious nature of this threat to public health.

2. Since ticks often carry multiple pathogens and we received testimony that many Virginians have multiple tick-borne illnesses that may require comprehensive analysis and treatment, the public should be educated on the presence of co-infections.

3. The VDH and other appropriate state and local agencies should place greater emphasis on public education through modern media. In addition to printed brochures, public interest radio and television ads should be developed. The use of the internet should be

dramatically amplified. Major internet information organizations-especially those headquartered in Virginia-should be asked to consider donating space for articles and announcements. An increased effort to work with the journalists of Virginia to develop appropriate stories to alert the public should be considered.

For example, Old Dominion University scientists presented their unanticipated discovery of two additional tick species in Tidewater some of which carried an infection that is a cousin of Rocky Mountain Spotted Fever. This example demonstrates the imperative for better communications on all fronts. Budgets appropriate for these purposes should be developed.

4. It is essential that the Virginia approach to Lyme disease prevention and treatment involve collaborative work of all branches of state government and coordination with all facets of local government. The Governor should consider convening a task force of state and local officials to create a best-practices model for government within the Commonwealth. For example, it is imperative that public schools and departments of parks and recreation consult with public health officials to properly manage facilities to prevent unnecessary public exposure to ticks-especially for children-and that warning signs be posted at points of public access in areas that are high-risk.

5. As a part of the efforts to inform the public about safe practices (e.g. how to keep your yard free from ticks), the Commonwealth should clearly

communicate the expectation that government agencies actually implement the same methods being recommended to the public. For example, if a public school sends a tick prevention brochure home with a student, but does not actually implement the recommended practices on school property, there are two dangers that arise. First, children are unnecessarily exposed to ticks while at school. Second, the failure of the school to implement the practices signals to the parents that the situation is not truly important. Government must practice what it preaches if the public is going to give Lyme disease prevention the serious attention it deserves.

6. The General Assembly may wish to consider amending the Code of Virginia in order to authorize localities to establish tick surveillance and control districts. (Rationale: Localities are already authorized by the Code to establish mosquito control districts. Providing a mechanism whereby localities could form tick surveillance and control districts could be beneficial to many localities, particularly in Lyme endemic and emerging areas, by allowing the development of practices and policies designed to decrease tick populations on locality property frequented by the general public such as public parks and schools.)

7. The Governor should establish a working group, under the auspices of the Secretary for Natural Resources in collaboration with the Secretary of Health and Human Resources, to develop guidance and potential strategies for localities that wish to

attempt deer and/or tick population control. The Governor should include funding in the 2012 Budget Bill that is sufficient to adequately support this initiative. (Rationale: Developing guidance in this manner will allow for the development of control strategies that are more comprehensive than either Secretariat currently offers in regard to Lyme and other tick-borne diseases.)

8. Public education programs on Lyme prevention should continue to emphasize these (and other) important practices:

Land-use practices for preventing tick exposure:

❖ Animal exclusion and landscaping

Homeowners should consider fencing and landscaping choices that tend to exclude deer (the primary adult tick host) and mice (the Lyme bacterium reservoir). Do not plant vegetation that attracts deer, remove food and cover that attracts mice (e.g. wood piles trash), and reduce tick breeding grounds (e.g. clear trees and brush and regularly mow grass).

Homeowner associations and other real estate contracts should avoid clauses that restrict the ability of homeowners to effectively exclude deer from their property or control deer populations in their neighborhoods.

❖ Tick control

Local, state, and federal agencies should continue to evaluate the utility of host-specific application of acaricides (e.g., USDA 4-poster devices) to combat Lyme disease in this Commonwealth. If

their use is warranted, the Virginia Department of Game and Inland Fisheries (DGIF) should put in place an orderly and responsible permitting process. DGIF is working with localities to investigate if this tool is a practical solution for managing tick populations. Currently, DGIF is working with Fairfax County on such a study and will develop potential permit conditions that will safeguard wildlife populations and habitats while not inhibiting the use of the 4-poster system. Current regulations and codes exist to allow for the supervised use of these devices. DGIF should work with VDH and local governments to make sure that proper safeguards are put in place and necessary data is collected on the use of these devices. Budget for tick testing should be considered by the General Assembly.

❖ Deer Control

DGIF is to be commended for its appropriate expansion of hunting seasons and limits for deer. Further expansions should be considered. Public information campaigns should be conducted to encourage all willing Virginians to participate in an effort to achieve appropriate deer populations for the sake of public health.

❖ Acaricides

Public information about the safe and appropriate use of acaricides should be a component of public education efforts.

Human practices to limit exposure to ticks:

❖ Avoiding tick habitat

The public needs to

be informed about the nature of tick habitat and the danger of entering into such habitat unprepared.

❖ Appropriate dress and/or repellants (especially in tick habitats)

When entering such habitat is necessary, the public needs to be informed about best practices to avoid tick exposure (proper dress, repellants, tick checks, etc.)

❖ Showering after being outdoors

The public needs to be informed of the value of a thorough shower within a short time after concluding outdoor activities where tick exposure has been possible.

❖ Evening tick check

The public should be informed of the necessity of a once-a-day thorough tick check after being outdoors (especially in tick habitat). Children especially should be checked daily.

❖ Proper pet practices

Vaccination and repellants for pets should be strongly encouraged. The public should be aware that even though pets have been properly treated, they can still bring ticks into the home that leave the pet and bite a human. Accordingly, indoor pets should be controlled to avoid entry into tick habitat.

Children

1. One expert testified concerning a potential for in utero transmission of Lyme disease. The CDC has proclaimed on its website, "Untreated, Lyme disease can be dangerous to your unborn child."1 VDH should include information for preg-

nant women in the educational materials that it provides to the general public and to healthcare providers who care for pregnant women.

2. VDH should inform the public of the fact that children are a high-risk group for contracting Lyme disease. Parents need to be alert to the possibility of Lyme—especially when a child presents with symptoms that are not easily categorized as some other illness with an identified etiology.

3. VDH needs to undertake focused campaigns to help educate pediatricians, family practitioners, urgent care clinicians, and other clinicians about the importance of early recognition of Lyme disease.

4. VDH, the Virginia Department of Education, other agencies, and subject matter experts as appropriate should collaborate to create a best practices document focused on children with Lyme and related illnesses. Topics that should be considered include:

❖ Proper construction of school grounds to promote deer exclusion and avoid unnecessary exposure to ticks

❖ Before taking students outdoors for instructional field investigations, consideration of the site's likelihood for ticks and then, in cooperation with parents, preparation of the students, parents, and teachers accordingly with the following simple guidelines: wear appropriate clothing, use repellents and perform thorough tick checks. (The benefits of outdoor recreation and education is very important for our children's develop-

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ment and complete avoidance of tick habitat would be extremely difficult.)

- ❖ Proper landscaping and fencing practices to limit the ability of children to enter tick habitat during the school day

- ❖ Consideration of safe and effective use of acaricides

- ❖ Education of teachers, school psychologists, school counselors, school nurses, and other professionals in all phases of Lyme disease, but especially in the relationship between Lyme and neurological impairment that may present as learning-related or sudden-onset attention or memory difficulties.

5. VDH should continue to provide information to school nurses in the Commonwealth about Lyme and other tick-borne diseases in Virginia. (Rationale: This recommendation articulates VDH's current practice and speaks to its commitment to continue these critical informational efforts.)

6. Experts testified that students afflicted with this disease often fall significantly behind in school because of the problems that they face, not the least of which are cognitive difficulties. Current educational accommodations are often inadequate.

Consideration should be given to appropriate and sensitive educational modifications for students with late-stage Lyme that help maximize their educational progress and that emphasize the fact that late-stage Lyme disease routinely has waxing and waning symptoms not typical in most

chronic medical conditions and that may require novel and timely accommodations and interventions.

7. VDH should continue collaboration with Virginia's Department of Education (DOE), the Virginia Council for Private Education and home schooling associations to explore developing materials that may be incorporated into the science and/or health education curricula of elementary, middle and high school students in the Commonwealth concerning the epidemiology of Lyme and other tick-borne diseases in Virginia, tick-borne disease prevention methods and tick identification.

(Rationale: Educating children about Lyme and other tick-borne diseases is best done by presenting this information as part of a school program. A comprehensive approach to educating elementary, middle and high school students about Lyme and other tick-borne diseases can only be achieved through a coordinated effort with the organizations that develop these academic programs for students in Virginia.)

Respectfully submitted,
Michael Farris Chairman

pha